

## **Background: Madhyasth Darshan (Jeevan Vidya) – Coexistentialism**

Madhyasth Darshan [existence based human focused contemplation], or 'Coexistentialism' is a new development in human understanding. It has come about via original existential exploratory-research by A Nagraj of Amarkantak, India and has no connection with past ideologies and beliefs. It proposes on reality, existence and the nature of the human being, covering all aspects of human understanding and living. It is being presented here as an 'Alternative' to Materialism and Idealism (*Spiritualism, Pantheism, Super-Naturalism*) for evaluation and study by mankind. It has solutions to humankind's questions & problems.

Driven by an intense enquiry to know the nature of existence and human purpose in it, A Nagraj spent 20 years performing *sadhana*\* according to the scriptures in Indian Vedic thought. Even after achieving the highest state of '*samadhi*', he did not find answers to his questions, "complete knowledge" did not happen in *Samadhi*. Thereafter he performed *sadhana* of the ninth stage (*sanyam*) of the *Yog Sutra* while improvising it by reversing its steps. (*\*sadhana= intense meditative practice, literally means 'to tame'; samadhi= penultimate state of meditation according to Indian Vedic thought in which the 'unknown' is said to become 'known'; sanyam= a yogic state beyond samadhi*)

As a result, he had 'realization' of entire existence (*all that exists*); he found answers to questions related to the Human being and Existence. He realized/experienced that existence itself is coexistence, as 'units saturated in all-pervasive Space'; orderliness and Harmony is innate to Existence. The Human being alone creates problems due to his ignorance and delusion. This entire period was from 1950 to 1975 and performed in the then dense forests of Amarkantak. He has presented this understanding in the Hindi Language in the form of a new '*Darsana*' called Madhyasth Darshan – Sah-Astitw-vaad or 'Realistic-view of Mediation ; Coexistentialism' in the Hindi Language published by him as a set of 13 books.

This proposal dispels all mysteriousness by providing answers to questions regarding the nature of Reality & Existence, the Cosmic order, the Conscious unit (Self, or I, given the name 'jeevan') & Consciousness, the nature of the Human-being & Existential purpose of the Human being. It identifies and defines Universal Humane Conduct, Humanness, Universal Human Values and Universal Human Religion. It proposes on Universal Knowledge, Wisdom & Science, and provides a Universal alternative to prevalent Education, Human-conduct, Constitutions of Nation-states & Human-systems, including Human Culture, Civility & Norms of living. Living on this basis leads to an Undivided Human Society and Universal Orderliness: wherein humankind can live in balance within themselves and with the rest of nature. It has an answer to every How? and Why? **These answers are not imaginative and idealistic, but an outcome of direct-realization & understanding of Reality, as-it-is.**

The fundamental postulation is that humans on this planet have so far lived in an undeveloped state of consciousness called 'animal-consciousness', due to which their cognition/understanding of themselves, of reality/existence and human purpose: human relationships, society, etc is incomplete and delusionary. This unawakened state of living, or 'animal consciousness' is the root cause for all our problems at all levels: Individual, Family, Society & Nature. The fundamental need of the human being is knowledge, as a result of which the human is 'awakened' and lives in 'developed-consciousness' as human-consciousness, godly-consciousness and divine-consciousness. Existence is stable, and progress and awakening (of the human) are definite. In sum: all of mans questions can be answered, and what we ultimately want: happiness & peace across the individual, family, society, state and inter-nation can be had. The Reality is that Man is not in contradiction with Nature, with Existence.

This proposal is neither tied to any existing belief or tradition nor does it try to promote or refute any of these. It is based on, and a direct unbiased proposal on Reality and Truth. It is thus: Rational, Secular, Universal, Understandable and Liveable. The entire work has been written ground-up with a new set of definitions for all the words used. This is not a belief system, rather can be, and *needs to* be rigorously verified on ones right: this is the very process of 'knowing'.

Many of us who were looking for answers to perturbing questions about the purpose of life & reality and/or concerned about human problems and circumstances came in touch with this proposal over the past 20 years and have had an opportunity to study it in detail. We are a group of individuals and families that are in the process of understanding and living this proposal. Based on the increase in clarity and qualitative changes we find in ourselves and the possibilities for resolving multidimensional human problems, we thought it necessary and appropriate to share information about this proposal with you, with humanity.

A number of initiatives to bring this understanding into education have begun in India. This is a call to the people & Universities on this planet to consider this proposal with their own good reason. This is a proposal to understand a human being for what he/she is. This proposal is in the capacity of a human: from one human to the other.

**This is a proposal for Universal Good.**

Responsibility and Source:

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Original Source in Hindi: Madhyasth Darshan, Sah-Astitva-Vaad by Shri A Nagraj