

Jeevan Vidya Intro Workshops (Coexistentialism, Madhyasth Darshan)

Questions

Below is an indicative list of questions for which answers would be proposed during the workshop. This list is not exhaustive. Also explored would be: *“Can the below be understood in an absolute sense, or are they relative? How would we know? How can we be sure?”*

Understanding the Human Being, Conscious, Harmony in the Self	Understanding Human Relationships: Harmony in the Family
<ul style="list-style-type: none">• What is the 'Self'? Mind, Intellect, what are these? What is 'I'?• What is the nature of desire?• What are ego and depression?• How do we 'know' that we know?• What is logic? What are its limitations?• What are Happiness, anger, sadness, jealousy, stress?• What is my 'true purpose' of living? - how can I verify this is so?• Why do I have these questions in the first place?	<ul style="list-style-type: none">• What is the nature of human relationships?• What are the expectations in relationships?• What is basic to a relationship?• What is the true meaning of trust, respect, affection, love.?• What are the problems in relationships due to?• Can these be sorted?• What are the different relationships in which a human lives?• What is the basic structure and purpose of the family?
Understanding Society, Harmony in Society	Understanding Nature, Harmony in Nature
<ul style="list-style-type: none">• Why do we have War? Exploitation? Crime?• Why Poverty?• What is the meaning of education?• How does the work of NGO's and Activists fit into society? What role does it play? What else is needed?• What is the true meaning of 'development'?• What is the Universal Human Goal?	<ul style="list-style-type: none">• What does Nature consist of?• Who made it this way? How did it come to be?• Is nature in harmony, or is it in chaos?• What is the sequence of development in nature?• What if any, is the relationship between the material order, plants, animals and humans?• What is Pollution, Resource Depletion?• How can we live in harmony with the environment?
Understanding Entire Existence, Harmony in Existence	
<ul style="list-style-type: none">• How 'big' is reality/ existence? What does it comprise of?• What are we doing in existence? What is our purpose?• Why does anything exist?• Why are things the way they are?• What is Reality? How can it be known?• Is there a creator? Is there a controller?• What is space? How can I understand it?• Is existence in chaos?• What is energy? What is its source?• What distinguishes a human being from an animal?• What is human conduct, human nature? Can this be known?	

Notes:

- The introduction or '*parichay shivirs*' are usually of 7 days duration and conducted at various places in India based on need. They provide an **introductory overview** to Madhyasth Darshan (Jeevan Vidya) Recommended that the workshop be attended for all 7 days and not in parts. Number of participants is about 60. Introductory Workshops are currently conducted in: Hindi, English, Marathi, Telugu, Tamil, Kannada
- The workshop is conducted in the form of a dialogue. Every word has a meaning. There are realities in existence in the form of meanings. We can understand these meanings, the realities in our own right with the help of words - since these realities are 'reflected' on each one of us.
- Through the process of 'self-verification' the basic nature of the self, the body, family (human relationships), society, nature and existence are explored and their inter-relationships are explored.
- Multi-dimensional contemporary issues, from the seemingly mundane to the supposedly profound are investigated into during the seven days. Whether or not to accept what is being stated is completely unto the participants - the objective is not to convince
- **There are no fees for the workshop. The facilitator does not charge any money.** Boarding & lodging costs of the workshop are usually borne by the participants themselves. No one is denied a place if they are unable to bear the same.
- Madhyasth Darshan - (Coexistentialism) is the name of the *darsana* or body of literature/ proposition, "Jeevan Vidya" is the name of the *program* to take the proposal to adults.
- You can now receive the information on workshops via **sms updates**. Send an email to gowrisrihari@gmail.com with your name, phone number, city and state or simply sms 88171-88463.

Adhyayan Shivirs (or Study Workshops) are also conducted for those that want to get into deeper study. Check the website for the same.

Responsibility and Source:

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