

Overview – Madhyasth Darshan (Jeevan Vidya)

An Alternative proposal for humankind (*Realistic-view of Mediation, Coexistentialism*)

- “Existence rooted human-centric contemplation”

(Propounded by A Nagraj, Amarkantak, Anuppur, Madhya Pradesh, India)

Introduction

All humans to date have desired well being or goodness. Well being or ‘goodness’ however, has not yet been established. The reason for this is humans have lived in the purview of ‘animal-consciousness’. In an effort to live better than animals, man has achieved progress in the areas of food, shelter, decoration; & radio, transportation & television. In contrast to this progress, crimes have been assumed to be legitimate and all humans (scholars, scientists, and the rest) have become trapped in such misdeeds.

The proof of this is the mentality of excess-consumption, excess-profit and excess-carnality in education and society. In order to fulfil these obsessions, the methods of ‘accumulation of comforts’ and ‘conflict & wars’ have been adopted due to which the earth itself has now become ill. Humans can be seen today to be partaking in all kinds of violations and as a result, the very continuation of humankind on this planet is now under question.

Madhyasth Darshan Sah-Astitv-vaad (*‘realistic-view of Mediation, Co-existentialism’*) is being proposed here as an ‘alternative’, by which freedom from such criminal mentality, freedom from ignorance (delusion) and freedom from communal mentality between peoples is possible. This is to inform you that:

- **“Co-existence has” now become study-able.** Entire existence has been understood, experienced and realized as physiochemical (insentient) and conscious (sentient) nature (matter) saturated in a *‘pervasive-entity’* which we currently identify as *‘space’* or *‘void’*, that is Omnipresent (all-pervasive). ‘Space’ itself is Omnipotence (energy in equilibrium) and is permeating & transparent. ‘It’ (space) is thus not ‘nothing’; it is not *‘activity’*, but *exists*, is a *‘reality’* & hence an *entity*.
- **The human-being has been understood** as being the combined form of a conscious unit and a physiochemical body. The conscious unit has been understood as consisting of 10 activities (5 ‘potentials’ and 5 ‘forces’) and given the name ‘jeevan’. The nature of ‘consciousness’ has been understood.
- **The ‘Human purpose’ in existence has been understood** and man’s ‘being’ and ‘living’ has become clear. Universal human conduct, universal human values and universal human religion* and race have been understood. (**religion = dharma =adherence = inseparability*)

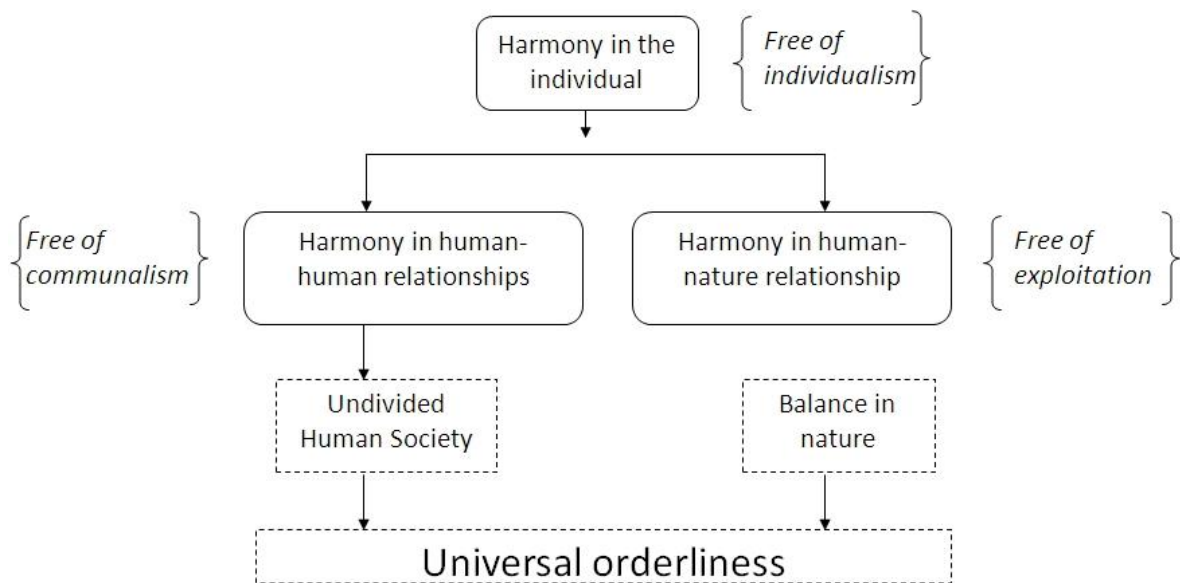
The Proposal

Besides the human, the rest of the three 'natural-orders' on this earth: 'material-order' (soil, stones), 'respiring-order' (plants, *praana*) and 'animal-order' are complementary amongst themselves and for man. They are in self-orderliness and participate in the overall orderliness. Man is the only one that is not in self-orderliness and creating havoc with the other three 'natural-orders'. The basic reason for this is ignorance or lack of knowledge (delusion) as a result of which man is living in the purview of 'animal-consciousness, in which the 'object' of our living is 'food, sleep, fear and coitus' via gratification of the 'five senses'. Our predominant individual and social efforts today are in this direction.

It is an incorrect-assumption/wrong-understanding of existence, of reality that has led us to believe that there is struggle and chaos in existence, in nature. The reason for is the contradictions within us, the seer, due to which it *seems* like there is struggle in existence, whereas there is none. The cause for this, and for all our problems is living in 'undeveloped-consciousness' or 'animal-consciousness' or 'delusion' in which we use only partial-faculties in the Self or conscious unit. Whereas, via the method of study and evidenced-realization in existence; every human can have 'understanding', by which he becomes 'resolved', lives in 'developed consciousness' and hence happy. By which the universal human goal of:

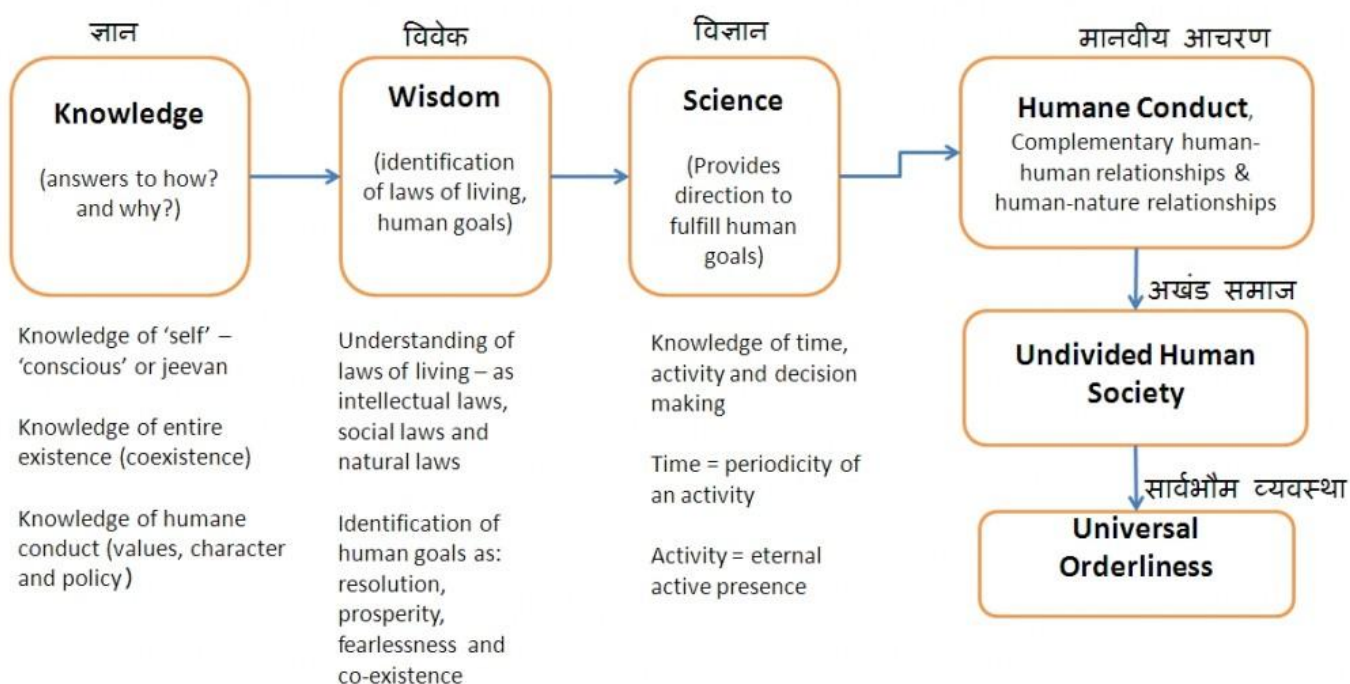
- Intellectual resolution in every individual (*leading to happiness*)
- Intellectual resolution & material prosperity in every family (*leading to happiness & peace*)
- Undivided-ness in Society – fearlessness and mutual trust (*leading to happiness, peace & satisfaction*)
- Universal Orderliness, balance in nature (*leading to happiness, peace, satisfaction & bliss*)

can be established (evidenced) on this earth, which is the identity of a crime-free, delusion-free human race. Efforts to bring this understanding into education have begun in India. Today's culture, civility, norms and systems are working to maintain the aforementioned criminal-mentality and misdeeds. This being true, all our efforts for peace & harmony thus end up being in the *same domain* in which the *problems themselves exist*. As an alternative to this; *humane* culture, *humane* civility, *humane* norms and *humane* systems are being proposed. An alternative to current education, alternative to the current constitution of nation-states and alternative to human systems are being proposed; in which there is coherence between human education, conduct, constitution & systems.



The present scenario of conflict amongst humans and between humans and nature is a result of delusory thinking and mentality arising out of living in the purview of animal-consciousness. It is possible to uproot this via ‘consciousness development’ for which the following is necessary:

- Understanding of existence as coexistence:
 - by way of ‘**knowledge of realistic-view of existence**’ (**darshan* = *realistic-view*)
- Understanding the conscious aspect in the human:
 - by way of ‘**knowledge of Jeevan**’ (**Jeevan* = *name for conscious unit,*” *Self*” commonly referred to as ‘I’)
- Understanding human purpose and definite human conduct (human-human relationship & human-nature relationship):
 - by way of “**knowledge of humane conduct**” or ‘innate human nature’.



As a result of having such 'knowledge' the human goal becomes clear; which itself is 'wisdom', while determining the way to achieve this human-goal is via wisdom-oriented science. In this manner, every human living with 'developed-consciousness' is endowed with wisdom and resolution and remains harmonious in his/herself and is also able to ensure harmony in human relationships and relationship with nature, thus becoming a source for this in others. The method for transmission of such understanding or knowledge from one human to the other has been obtained, tested and proven.

This 'understanding' is an outcome of 'direct-experience' or 'realization' in existence via the method of "existence rooted human centric contemplation" by which the human has been recognized as belonging to the 'knowledge order'. Whereas, prevalent science (materialism) is "instability-indefiniteness rooted physiochemical matter centric thought" in which the study of the human is completely ignored, while theistic-idealistic contemplation is "secrecy rooted god centric" through which as well the study of the human has not been possible. (* *theistic idealism = spiritualism, pantheism, super-naturalism*). Both these streams of thought have called the human an "animal". The human being is thus still clueless regarding his own true nature and purpose in existence.

Our problems today are on account of man. The rest of existence is already in co-existence. i.e. the environmental problem, the problem of economics, of relationship, of sectarianism, social problems,

problem of corruption, problems in relationships, problems in the self, conflicts, together called ‘unhappiness’ are **due to man**. The contradictions are **not outside**, they are **within** man, due to a lack of understanding, incorrect assumption of reality(delusion). **Hence, we need to work on man**.

This is possible by means of education of consciousness-development, human values.

Madhyasth Darshan: Coexistentialism (Jeevan Vidya) has proposals for the knowledge needed to demystify the human being and existence, thus opening up the possibility for a just and humane order, of a desirable human tradition that meets the human objective or goal.

Given below is a table comparing prevalent education and the Alternative Proposed

Result of prevalent Education:	Proposed by Madhyasth Darshan:
Excess-Profit (Mania)	Prosperity based on identification of needs & ‘Righteous Wealth’
Excess-Consumption (Mania)	Fulfillment of needs of the Body resulting in Health.
Excess-Carnality (Mania)	Righteous Marital Relationship (Husband/Wife)
Existing Thesis in Education:	Proposed by Madhyasth Darshan:
Sex-Oriented Psychology	Human-Consciousness oriented Psychology
Profit-centric Economics	Cyclical-Economics
Consumption-centric Sociology	Behavioral-Psychology
‘Mentality’ on which the existing thesis are based:	‘Mentality’ proposed by Madhyasth Darshan: <i>(based on existential knowledge)</i>
Conflict-centric Materialism	Resolution-centric Materialism
Brain-centric/Mysticism-centric Spiritualism	Experience-centric Spiritualism
Struggle-centric Humanism	Behavior-centric Humanism
Basis for the prevailing Mentality:	Basis for the Mentality Proposed:
Incorrect inference of Existence being in Chaos, Random based on partial-view of reality	Knowledge of realistic-view (<i>darsana</i>) of Existence as Coexistence, inherent Orderliness, and definite purpose
Incorrect assumption of Self being the Body, due to which Happiness = Sensory Pleasure	Knowledge of Conscious unit, ‘jeevan’ or Self
Incorrect Assumption of Human being a ‘Social-Animal’	Knowledge of Humane-Conduct as values, character & ethics
Science disconnected from Human purpose	Wisdom oriented Science, to achieve the Universal Human Goal
Various Scientific & Philosophical Texts	4 <i>Darsana</i> ’s: (<i>realistic-view</i>) Of Human Behavior, Human Action, Human Realization, Human Practice.

These '**Alternate**' theses are based on *existential knowledge* (discussed earlier) which in turn gives rise to the 'mentality' mentioned in the table. I.e. having the right-understanding or knowledge automatically gives rise to this 'mentality'. 'Living' on this basis becomes the basis for orderliness and harmony in the individual, and in society

Each one of us can choose, and is free to choose which of the above is acceptable and desirable for themselves, their family, their children and for human society.

Until individualistic mentality and communal-mentality prevail, excess-consumption, conflict and wars will remain, and global peace is not possible. If man desires to continue living on this planet, it is imperative to become free of criminal-mentality and delusion, so that the earth may regain its lost balance. Consciousness-development via education is thus the only way out. The desirable outcomes of our progress to date have been in the areas of food-shelter-decoration, & radio television and transport. We are yet to have *justice in human-relationships, orderliness/resolution as human religion* & know the '*truth*'.

'The Alternative' will have to be adopted. This entire understanding, attained via research and direct-experience in existence has been written in 12 books. This 'Alternative' has manifested itself in front of humankind via an individual in an existentially natural way. I have obtained this proposal from that individual, Mr A Nagraj. I have not yet understood this proposal nor lived it; I am yet in the process of doing so. I have studied this proposal and find it acceptable. The broad theme for this paper was provided by him, written in Hindi by me, reviewed by him; and thence translated by me into English. I take responsibility for the contents in this note.

'*Jeevan Vidya*' is the name of the program to take the information of *Madhyasth Darshan* to people. '*Jeevan*' is the name of the conscious unit. '*Vidya*' comes from the root '*vid*' – knowledge, *Jeevan* is the '*carrier*' of knowledge.

Responsibility and Source:

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Original Source in Hindi: *Madhyasth Darshan, Sah-Astitva-Vaad* by Shri A Nagraj